



Code of Conduct

Instructors and Assistant Instructors

- Arrive at your class in plenty of time to set up, check the area is safe to teach.
- Make sure your equipment is in good condition and safe to use.
- Dress in the appropriate Karate or Kickboxing Uniform.
- Consider the well-being and safety of all students at all times.
- Adhere to the Child Protection Policy at all times.
- Treat all fellow members with respect and provide equal opportunities.
- Always use appropriate language.
- Always behave in an appropriate manner.
- Make every effort to set a positive example.
- Check licence dates and take responsibility for ensuring your students are in date
- Hold the appropriate valid qualifications, DBS and insurance cover at all times.
- Follow the law on preventing abuse of position of trust. If this occurs it is unacceptable behaviour, which could result in prosecution according to the law.
- Make sure all activities are appropriate for the age, ability and experience of those taking part in the session.
- Deal with all membership and other administration duties without delay.
- Take responsibility for the young people in your care until they have left the session or been collected by a parent/carer.
- Deliver feedback to students and parents in a consistent, fair, polite and accurate way.
- Develop an appropriate working relationship with the students, based on mutual trust and respect.
- Encourage members to value their progress and not just the results.
- Demonstrate positive leadership to all members.
- Practise absolute control of all demonstrations so as not to cause injury.
- Continue your personal development as a Martial Artist.
- Attend the High Grade session, on a regular basis to continue your training.
- Adhere in full to all guidelines and policies laid down by Resolute Martial Arts and BMABA..

As a member of our staff, we understand you have the right to:

- ✓ enjoy the time you spend with us and be supported in your role
- be informed of our safeguarding and reporting procedures and what you need to do if something isn't right
- ✓ have access to ongoing training in all aspects of your role be listened to
- ✓ be involved and contribute towards decisions within the club or activity
- ✓ be respected and treated fairly by us and our governing body
- ✓ feel welcomed, valued and not judged based on your race, gender, sexuality or ability
- ✓ be protected from physical or emotional abuse from children or parents and be supported to resolve conflicts.

We expect all of our staff and volunteers to follow the behaviours and requests set out in this code. If any staff member or volunteer behaves in a way which contradicts any of the points set out above, we'll address the problem straight away and aim to resolve the issue.

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership.

Signature of Instructor/Assistant Instructor

Print Name

Signature of Head Instructor

Print Name



Date _____

Code of Conduct Members

As a young person taking part in our club or activity, we'd like you to follow this guidance to make sure you are able to participate in your sport or activity safely.

- Always arrive on time for classes and always wear appropriate uniform/correct clothing. Long hair tied up, no jewellery, no chewing gum. Do not smoke or consume alcohol during practices, competitions or when representing us.
- Always be polite and never be rude to anybody. The use of inappropriate language or threatening/aggressive behaviour will not be tolerated.
- Sign the declaration in your licence book.
- Uphold the true spirit of Martial Arts and never use the skills that you are taught against any person except for self defence of yourself, family or friends in the instance of extreme danger, unprovoked attack or in support of law and order.
- Respect fellow club members, competitors in competitions, coaching staff, volunteers and members of the public. Treat others how you wish to be treated yourself.
- Inform your coach before your training session starts of any injuries or if you're feeling unwell.
- If you're unable to make class for a significant time, contact your instructor and let them know.
- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability
- Report any incidents of bullying, including homophobia and transphobia to an Instructor or staff, even if you're just a witness.
- Treat all equipment with respect.
- Always show good sportsmanship, celebrate when we win and be gracious when we lose.
- Treat your training partner with respect at all times. All techniques and sparring should be with the utmost control at all times so as not to cause injury.
- Wear appropriate protection at all times.
- Cooperate with your club instructor, team mates and your opponent.
- Younger members must always remain with instructors to the end of the session until they are collected by a parent or guardian.
- Help your instructor and training partners move equipment safely.
- Where appropriate remember to bow to your training partner and instructors.
- Work hard in class and be proud to be a member of this club.
- Accept your instructor's decision in connection with gradings or competitions.
- Pay training fees on time and fully.
- Keep your club licence in date. Your membership and licence needs to be renewed yearly.
- Take responsibility for your personal possessions at the end of the session.

As a young person taking part, we understand you have the right to:

- ✓ enjoy the time you spend with us and know that you're safe
- ✓ be told who you can talk to if something's not right
- ✓ be listened to
- ✓ be included
- ✓ be involved and contribute towards decisions within the club or activity
- ✓ be respected by us and other team members and be treated fairly
- ✓ feel welcomed, valued and not judged based on your race, gender, sexuality or ability
- ✓ be encouraged and develop skills with our help
- ✓ be looked after if there's an accident or injury and have your parents informed if needed

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parent's involvement and aim to resolve the issue.

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership.



Code of Conduct Members Parents/Carers

Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children' or 'child' describes any person under the age of 18.

- Always use appropriate language.
- Make sure your child is appropriately dressed and on time for the session.
- Keep the club informed if your child is unable to make his/her session for any significant period of time.
- Complete all consent, contact and medical forms and update us straight away if anything changes
- Renew your child's licence in a timely fashion, and pay training fees on time and in full.
- Encourage your children to participate in martial arts but do not force them.
- Encourage your child to learn the rules of the club and abide by them. Please read them the declaration in their Grading & Licence Record book.
- Ensure that your child understands their code of conduct.
- Discourage challenging/arguing with club instructors and officials publicly.
- Accept the judgement of your club instructor (judgements of club instructors are open for discussion but ultimately the decisions must be respected. The senior instructor's decision is final).
- Show your appreciation to all club instructors, volunteers and helpers.
- Praise your child's efforts whether they win, lose or otherwise help them to recognise that slow progress is better than no progress!
- Endeavour to establish good communication with the club instructors and the volunteers.
- Refrain from interrupting the class to speak to instructors. (Please see your club instructor before class or after class so it doesn't interrupt the session).
- Use social media responsibly when talking about what goes on at our club, by behaving in the same way online as you would in person

As a parent, we understand you have the right to:

- ✓ be assured that your child is safeguarded during their time with us
- ✓ See our policies and procedures at any time
- ✓ know who the welfare officer responsible for your child is and have their contact details
- ✓ be involved and contribute towards decisions within the club or activity
- ✓ know what training and qualifications our staff have
- ✓ be informed of problems or concerns relating to your child
- ✓ know what happens if there's an accident or injury, be informed if your child is injured and see records of any accidents
- ✓ have your consent sought for anything outside of our initial consent form, such as permission to go on trips or photography
- ✓ have any concerns about any aspect of your child's welfare listened to and responded to

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue.

Failure to adhere to this code of conduct could lead to disciplinary action and/or termination of club membership for your child.